

*As Snoozfit Turns FIVE (5), we take this opportunity to thank you for your support!*



**2000+**

SLEEP STUDIES CONDUCTED

**100%**

COMPLIANCE

# Two (2) Unique Offerings

## 1: OSA Diagnostics & Therapeutics

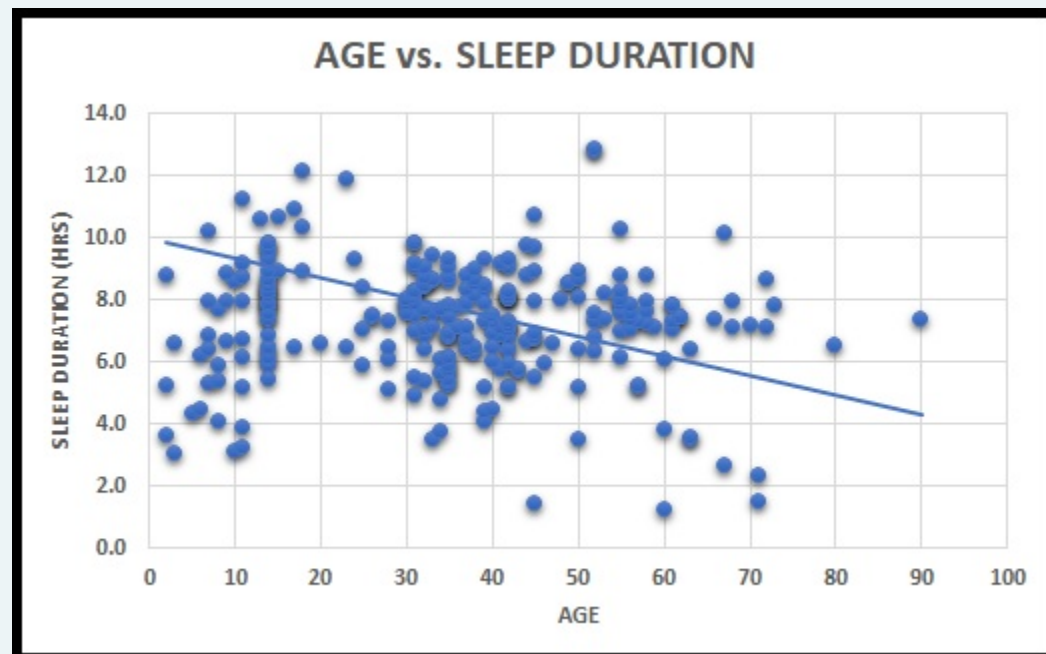
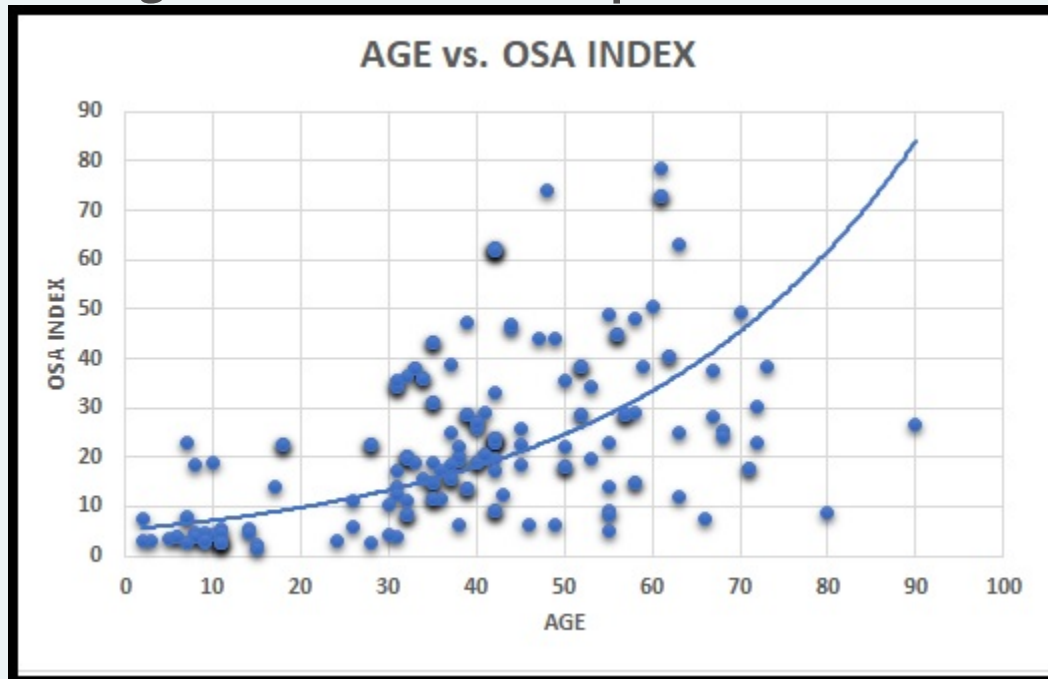
Here we focus on the diagnostics & treatment of Sleep Apnoea - one of the most common, yet under diagnosed sleep disorder. Our uniqueness is the use of a non-contact technology for the diagnosis of sleep apnoea & a mandibular advancement device for the treatment of sleep apnoea.

## 2: Sleep Engineering

Here we focus on optimizing sleep by fine-tuning one's sleep engine. Sleep Engineering is all about tailoring a customized sleep & recovery program for you based on your lifestyle, constraints & body needs!

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### Largest Database of Sleep Records in India



# About Snoozfit

Snoozfit was founded in 2018 by a team of doctors and technocrats. Our focus is on improving one's sleep quality through diagnosing & treating sleep disorders. For more information on Snoozfit, please visit our website at [www.snoozfit.com](http://www.snoozfit.com), or send us a message at [contact@snoozfit.com](mailto:contact@snoozfit.com)



## WHAT OUR CLIENT'S SAY - HARBINGER GROUP

*"We at Harbinger take our employee's health and wellness very seriously, and have been associated with Snoozfit for several months now. We are beginning to see the benefits of the Sleep Management Program and are extremely happy with the overall experience with Snoozfit."*

**Neville Postwalla, Head of HR, Harbinger Group**

***I strongly recommend Snoozfit to any organization wanting to improve the performance and quality of life of their people. It is beneficial both for the individual as well as to the company!***

*Poor sleep is the trigger for many ailments and conditions, which unfortunately goes unnoticed until it becomes a serious issue!*

*We have been associated with Snoozfit for a few months now, to proactively understand the sleep & recovery patterns across the organization.*

*We conducted the study for 3 nights, after which the employees were provided a detailed report of their sleeping patterns.*

*What impressed us was the ease at which Snoozfit was able to execute the sleep assessment studies across the organization!*

*Snoozfit's non-contact sleep sensor, was used by our employees and this was very useful as it didn't alter the participants natural sleep patterns.*

*Their sleep specialist (Doctor) was very knowledgeable and spent the time required in explaining the reports to the participants.*

*The recommendations were practical, yet effective and focused largely on lifestyle corrections as opposed to medications.*

*Snoozfit's collaboration and coordination with the various employees was also good and professional at all times.*

*A survey that we ran also showed encouraging feedback on the benefits our employees got from the program.*

[WWW.SNOOZFIT.COM](http://WWW.SNOOZFIT.COM)

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